



Hindu Temple and Cultural Center

(A Non-Profit Organization Registered in the State of Washington)

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Ratha Saptami - Lord Suryanārāyana Pooja Friday February 3rd 2017



आदित्यहृदयं पुण्यं सर्वशत्रुविनाशनम् ।
जयावहं जपेन्नित्यमक्षय्यं परमं शिवम् ॥

Program Details

- ❖ 09:00 AM: Sri Mahālakshmi Abhishekam (*weekly ritual*)
And Sri Suryanārāyana Abhishekam
 - ❖ 10:30 AM: Sri Adhithya hrudayam Pārāyanam
 - ❖ 11:00 AM: Archana, Aarati
- Evening schedules:*
- ❖ 07:00 PM: Sri Lalitha Sahasranāmam Pārāyanam
 - ❖ 08:00 PM: Archana, Aarati

Sponsorship Opportunity

- ❖ Abhishekams (Sri Mahālakshmi, Sri Suryanārāyana)
- ❖ Archana
- ❖ Pushpa Mala Alankaram
- ❖ Annadānam (Food Sponsorship)

For Pooja sponsorship contact Office for scheduling

Sun God Surya is symbolically represented in the form of his Ratha (Chariot) drawn by seven horses, with Aruna as the charioteer. The Seven Horses represent the Seven Days of a Week starting with Sunday – Ravi Vaar, the day of Sun God Surya.

Significance of Ratha Saptami and Lord Suryanārāyana Pooja

Since ages Hindus have worshiped Surya/Sun god. Surya is considered to be Lord Vishnu and hence referred to as Suryanārāyana. Few other names for Lord Surya are - Ravi, Aditya, Bhāskara, Arka, Grahapati and Diwakara. Ratha Saptami, the festival of Sun God is celebrated every year on the Seventh Day in Shukla Paksha of Māgha Māsa (January/February). It marks the birthday of Lord Surya Nārāyana (Sun) who was born to sage Kashyapa and his wife Aditi on this day.

The Sun god travels in the north and south directions in a year. Ratha Saptami festival marks the beginning of Uttarāyanam (Uttara means North and Ayanam means Movement). On this day the Sun moves towards Northern Hemisphere in a north-east direction.

During Ratha Saptami festival, Punya Snān (Holy Bath) are performed. Suryanārāyana is worshiped for better health and success. Reciting and listening to **Aditya Hrudayam**, which was given to Lord Rāma by Agastya Rishi, will benefit everyone immensely.

On this auspicious day, join us and seek the blessings of Aditya, the Sun God Surya.

आदिदेव नमस्तुभ्यं प्रसीद मम भास्कर ।
दिवाकर नमस्तुभ्यं प्रभाकर नमोऽस्तु ते ॥

For more details Contact: officemanagers@htccwa.org; Phone: 425-483-7115